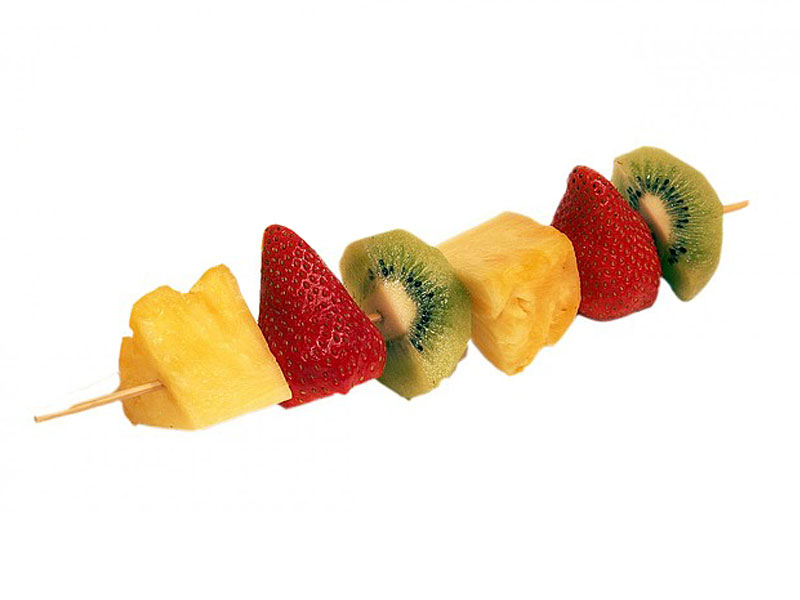
Children can cook too!

Give the kids a cooking recipe and let them cook! It's an easy recipe to make fruit on a stick. In Belgium we call it 'fruitsaté'. The cooking recipes are with images of different fruits. They have to count how much to cook. They have to prick the fruits on a stick, tell it to the children. Under the recipe they can find the order of pricking the fruit. You can give pre-cut fruit. But let them try to cut a fruit themselves, and let the children easily cut fruit, such as banana. Do not be afraid, give the children blunt knives. Tell them that a knife is dangerous, and they should use it safely. This is a good exercise for counting and fine motor skills. The exercises is also good for visual training, They learn the similarity between a photo and reality. And at least they have a healthy snack! (the recipe does you find under this picture)

This is a fruitsaté





Cooking recipe for children

Afbeelding met fruit, tekening

Automatisch gegenereerde beschrijvingAfbeelding met fruit, tekening

Automatisch gegenereerde beschrijving





Afbeelding met fruit, tekening

Automatisch gegenereerde beschrijvingAfbeelding met fruit, tekening

Automatisch gegenereerde beschrijving





Afbeelding met fruit, tekening

Automatisch gegenereerde beschrijving

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